

Get help for your family.



If you are coping with fertility issues, **Optum[®] Fertility Solutions** is here to help you get high-quality guidance and care. When you enroll in the program, you will be able to work with fertility nurses who can provide support and encouragement throughout your experience, help answer your questions and help you with things like:

- · Getting information about the causes of infertility and treatment options
- · Helping you find doctors, clinics and facilities that are right for you
- Navigating the health care system and how to best use your health benefit

If you have started or are considering fertility treatment, let **Optum Fertility Solutions** help you get the guidance and care best suited for you.

Get started today.



Monday-Friday | 7:00 a.m.–6:00 p.m. Central time This service is available at no extra cost as part of your benefit plan. (TTY: **711**)

This program should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for your information only. It is provided as part of your health plan. Program nurses and other representatives cannot diagnose problems or suggest treatment. This program is not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law. This is not an insurance program and may be discontinued at any time.