

# 2021 Preventive medications and your plan

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Effective August 1, 2021



## **Managing your health with preventive medications**

Your pharmacy benefit plan includes special coverage for preventive medications.

The drugs on your plan's preventive medications list do not have a deductible. This means you'll pay your copayment/coinsurance amount, depending on your plan.

## **Potential savings with generic medications**

To get the most from your benefits, ask your doctor if a generic medication is right for you. Generics normally cost less than brand medications, and the Food and Drug Administration (FDA) requires them to be just as safe and effective.

## **A list of covered preventive medications begins on the next page.**

Medications are listed by therapeutic category. Where differences are noted between this list and your benefit plan documents, the benefit plan documents will rule.

For questions on injectable preventive medications administered by your doctor or healthcare provider, please call the number on your ID card.

## 2021 Preventive medication list

### Antidepressants

CELEXA  
citalopram  
escitalopram  
fluoxetine  
fluoxetine dr  
fluvoxamine  
fluvoxamine er  
LEXAPRO  
paroxetine  
paroxetine er  
PAXIL  
PAXIL CR  
PEXEVA  
PROZAC  
sertraline  
ZOLOFT

### Antipsychotics

ABILIFY  
ABILIFY MAINTENA  
ABILIFY MYCITE  
ADASUVE  
aripiprazole  
aripiprazole odt  
ARISTADA  
ARISTADA INITIO  
asenapine  
CAPLYTA  
chlorpromazine  
clozapine  
clozapine odt  
CLOZARIL  
compro  
EQUETRO  
FANAPT  
FAZACLO  
fluphenazine  
GEODON  
haloperidol  
INVEGA  
INVEGA SUSTENNA  
INVEGA TRINZA  
LATUDA  
loxapine  
molindone  
NUPLAZID  
olanzapine  
olanzapine odt  
olanzapine/fluoxetine  
paliperidone er  
perphenazine  
PERSERIS

prochlorperazine  
quetiapine  
quetiapine er  
REXULTI  
RISPERDAL  
RISPERDAL CONSTA  
risperidone  
risperidone odt  
SAPHRIS  
SECUADO  
SEROQUEL  
SEROQUEL XR  
SYMBYAX  
thioridazine  
thiothixene  
trifluoperazine  
VERSACLOZ  
VRAYLAR  
ziprasidone  
ZYPREXA  
ZYPREXA RELPREVV  
ZYPREXA ZYDIS

### Asthma and COPD

ACCOLATE  
ADV AIR DISKUS  
ADV AIR HFA  
AIRDUO DIGIHALER  
AIRDUO RESPICLICK  
albuterol sulfate  
albuterol sulfate er  
ALBUTEROL SULFATE HFA  
albuterol sulfate hfa  
ALVESCO  
ANORO ELLIPTA  
ARMONAIR DIGIHALER  
ARNUITY ELLIPTA  
ASMANEX HFA  
ASMANEX TWISTHALER  
ATROVENT HFA  
BEVESPI AEROSPHERE  
BREO ELLIPTA  
BREZTRI AEROSPHERE  
BROVANA  
budesonide  
BUDESONIDE/FORMOTEROL AER  
COMBIVENT RESPIMAT  
cromolyn  
DALIRESP  
difil-g forte  
DUAKLIR PRESSAIR  
DULERA  
ELIXOPHYLLIN

FLOVENT DISKUS  
FLOVENT HFA  
fluticasone/salmeterol diskus  
FLUTICASONE PROPIONATE/  
SALMETEROL INH  
INCRUSE ELLIPTA  
ipratropium  
ipratropium/albuterol  
levalbuterol  
LEVALBUTEROL HFA  
LONHALA MAGNAIR  
metaproterenol  
montelukast  
PEAK FLOW METERS  
PERFOROMIST  
PROAIR DIGIHALER  
PROAIR HFA  
PROAIR RESPICLICK  
PROVENTIL HFA  
PULMICORT  
PULMICORT FLEXHALER  
QVAR REDIHALER  
SEEBRI NEOHALER  
SEREVENT DISKUS  
SINGULAIR  
SPIRIVA HANDIHALER  
SPIRIVA RESPIMAT  
STIOLTO RESPIMAT  
STRIVERDI RESPIMAT  
SYMBICORT  
terbutaline  
THEO-24  
theophylline  
theophylline cr  
theophylline er  
TRELEGY ELLIPTA  
TUDORZA PRESSAIR  
UTIBRON NEOHALER  
VENTOLIN HFA  
wixela inhub  
XOPENEX  
XOPENEX CONCENTRATE  
XOPENEX HFA  
YUPELRI  
zafirlukast  
zileuton er  
ZYFLO

### Cancer

anastrozole  
ARIMIDEX  
AROMASIN  
EVISTA

Brand-name medications are shown in UPPERCASE (for example, CLOBEX) and generic medications in lowercase (for example, clobetasol). Refer to benefit plan documents to make sure listed medication is included in your benefit.

<sup>SP</sup> Oral and self-injectable Specialty medications may have limitations based on your plan benefit

**Cancer, continued**

exemestane  
 FARESTON  
 FEMARA  
 letrozole  
 OSPHENA  
 raloxifene  
 SOLTAMOX  
 tamoxifen  
 toremifene

**Cardiovascular/heart disease****Anti-anginal agents**

DILATRATE SR  
 GONITRO  
 ISORDIL TITRADOSE  
 isosorbide dinitrate  
 isosorbide dinitrate er  
 isosorbide mononitrate  
 isosorbide mononitrate er  
 minitran  
 NITRO-BID  
 NITRO-DUR  
 nitroglycerin  
 nitroglycerin er  
 nitroglycerin lingual  
 nitroglycerin transdermal  
 NITROLINGUAL PUMPSPRAY  
 NITROMIST  
 NITROSTAT  
 nitro-time  
 RANEXA  
 ranolazine er

**Anticoagulants**

AGGRENOX  
 ARIXTRA<sup>SP</sup>  
 aspirin/dipyridamole er  
 ASPIRIN/OMEPRAZOLE  
 BEVYXXA  
 BRILINTA  
 cilostazol  
 clopidogrel  
 COUMADIN  
 dipyridamole  
 DURLAZA  
 EFFIENT  
 ELIQUIS  
 enoxaparin<sup>SP</sup>  
 fondaparinux<sup>SP</sup>  
 FRAGMIN<sup>SP</sup>  
 heparin  
 jantoven  
 LOVENOX<sup>SP</sup>  
 PLAVIX

PRADAXA  
 prasugrel  
 SAVAYSA  
 warfarin  
 XARELTO  
 YOSPRALA  
 ZONTIVITY

**Cardiac glycosides**

digitek  
 digox  
 digoxin  
 LANOXIN

**High blood pressure**

ACCUPRIL  
 ACCURETIC  
 acebutolol  
 ADALAT CC  
 ALDACTAZIDE  
 ALDACTONE  
 aliskiren  
 ALTACE  
 amiloride  
 amiloride/hydrochlorothiazide  
 amlodipine  
 amlodipine/benazepril  
 amlodipine/olmesartan  
 amlodipine/valsartan  
 amlodipine/valsartan/  
 hydrochlorothiazide  
 ATACAND  
 ATACAND HCT  
 atenolol  
 atenolol/chlorthalidone  
 AVALIDE  
 AVAPRO  
 AZOR  
 benazepril  
 benazepril/hydrochlorothiazide  
 BENICAR  
 BENICAR HCT  
 BETAPACE  
 BETAPACE AF  
 betaxolol tablet  
 BIDIL  
 bisoprolol  
 bisoprolol/hydrochlorothiazide  
 BLOOD PRESSURE MONITORS  
 bumetanide  
 BUMEX  
 BYSTOLIC  
 CALAN  
 CALAN SR  
 candesartan  
 candesartan/hydrochlorothiazide  
 captopril

captopril/hydrochlorothiazide  
 CARDIZEM  
 CARDIZEM CD  
 CARDIZEM LA  
 CARDURA  
 CAROSPIR  
 cartia xt  
 carvedilol  
 carvedilol er  
 CATAPRES  
 CATAPRES-TTS  
 chlorothiazide  
 chlorthalidone  
 clonidine  
 CONJUPRI  
 CONSENSI  
 COREG  
 COREG CR  
 CORGARD  
 COZAAR  
 DEMADDEX  
 DEMSER  
 DIBENZYLINE  
 diltiazem  
 diltiazem cd  
 diltiazem er  
 dilt-xr  
 DIOVAN  
 DIOVAN HCT  
 DIURIL  
 doxazosin  
 DUTOPROL  
 DYAZIDE  
 DYRENIUM  
 EDARBI  
 EDARBYCLOR  
 EDECRIN  
 enalapril  
 enalapril/hydrochlorothiazide  
 EPANED  
 eplerenone  
 eprosartan  
 ethacrynic acid  
 EXFORGE  
 EXFORGE HCT  
 felodipine er  
 FIRST - ATENOLOL  
 FIRST - METOPROLOL  
 fosinopril  
 fosinopril/hydrochlorothiazide  
 furosemide  
 guanfacine  
 HEMANGEOL  
 hydralazine  
 hydrochlorothiazide  
 HYZAAR  
 indapamide

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<sup>SP</sup> Oral and self-injectable Specialty medications may have limitations based on your plan benefit

**Cardiovascular/heart disease, continued****High blood pressure**

INDERAL LA  
 INDERAL XL  
 INNOPRAN XL  
 INSPRA  
 irbesartan  
 irbesartan/hydrochlorothiazide  
 isradipine  
 KAPSPARGO SPRINKLE  
 KATERZIA  
 labetalol  
 LASIX  
 lisinopril  
 lisinopril/hydrochlorothiazide  
 LOPRESSOR  
 LOPRESSOR HCT  
 losartan  
 losartan/hydrochlorothiazide  
 LOTENSIN  
 LOTENSIN HCT  
 LOTREL  
 matzim la  
 MAXZIDE  
 MAXZIDE-25  
 methyl dopa  
 methyl dopa/hydrochlorothiazide  
 metolazone  
 metoprolol  
 metoprolol er  
 METOPROLOL ER/  
 HYDROCHLOROTHIAZIDE  
 metoprolol/hydrochlorothiazide  
 metyrosine  
 MICARDIS  
 MICARDIS HCT  
 MINIPRESS  
 minoxidil tablet  
 moexipril  
 nadolol  
 nicardipine  
 nifedipine  
 nifedipine er  
 nimodipine  
 nisoldipine er  
 NORVASC  
 NYMALIZE  
 olmesartan  
 olmesartan/hydrochlorothiazide  
 olmesartan/amlodipine/  
 hydrochlorothiazide  
 perindopril  
 phenoxybenzamine  
 pindolol  
 prazosin  
 PRESTALIA

PRINIVIL  
 PROCARDIA  
 PROCARDIA XL  
 propranolol  
 propranolol er  
 propranolol/hydrochlorothiazide  
 QBRELIS  
 quinapril  
 quinapril/hydrochlorothiazide  
 ramipril  
 sotalol  
 SOTYLIZE  
 spironolactone  
 spironolactone/hydrochlorothiazide  
 SULAR  
 TARKA  
 taztia xt  
 TEKTURNA  
 TEKTURNA HCT  
 telmisartan  
 telmisartan/amlodipine  
 telmisartan/hydrochlorothiazide  
 TENORETIC  
 TENORMIN  
 terazosin  
 tiadyt er  
 TIAZAC  
 timolol tablet  
 TOPROL XL  
 torsemide  
 trandolapril  
 trandolapril/verapamil er  
 triamterene  
 triamterene/hydrochlorothiazide  
 TRIBENZOR  
 TWYNSTA  
 valsartan  
 valsartan/hydrochlorothiazide  
 VASERETIC  
 VASOTEC  
 VECAMYL  
 verapamil  
 verapamil er  
 verapamil sr  
 VERELAN  
 VERELAN PM  
 ZESTORETIC  
 ZESTRIL  
 ZIAC

**High cholesterol**

ALTOPREV  
 amlodipine/atorvastatin  
 ANTARA  
 atorvastatin  
 CADUET  
 cholestyramine

cholestyramine light  
 colesevelam  
 COLESTID  
 COLESTID FLAVORED  
 colestipol  
 CRESTOR  
 EZALLOR SPRINKLE  
 ezetimibe  
 ezetimibe/simvastatin  
 fenofibrate  
 fenofibrate micronized  
 fenofibric acid  
 fenofibric acid dr  
 FENOGLIDE  
 FIBRICOR  
 FLOLIPID  
 fluvastatin  
 fluvastatin er  
 gemfibrozil  
 icosapent ethyl  
 JUXTAPID<sup>SP</sup>  
 LESCOL XL  
 LIPITOR  
 LIPOFEN  
 LIVALO  
 LOPID  
 lovastatin  
 LOVAZA  
 NEXLETOL  
 NEXLIZET  
 niacin (Rx only)  
 niacin er  
 niacor  
 NIASPAN  
 omega-3-acid ethyl esters  
 PRALUENT  
 PRAVACHOL  
 pravastatin  
 prevalite  
 QUESTRAN  
 QUESTRAN LIGHT  
 REPATHA  
 REPATHA SURECLICK  
 rosuvastatin  
 simvastatin  
 TRICOR  
 TRIGLIDE  
 TRILIPIX  
 VASCEPA  
 VYTORIN  
 WELCHOL  
 ZETIA  
 ZOCOR  
 ZYPITAMAG

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## Contraceptives

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*This section lists contraceptive categories. Please note that brands and generics are eligible.*

CONTRACEPTIVE PATCH  
 CONTRACEPTIVE RING (VAGINAL)  
 EMERGENCY CONTRACEPTIVES  
 IMPLANT CONTRACEPTIVE  
 INJECTABLE CONTRACEPTIVE  
 IUDs  
 ORAL CONTRACEPTIVES

## Diabetes

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### Insulin

ADMELOG  
 ADMELOG SOLOSTAR  
 AFREZZA  
 APIDRA  
 APIDRA SOLOSTAR  
 BASAGLAR KWIKPEN  
 FIASP  
 FIASP FLEXTOUCH  
 FIASP PENFILL  
 HUMALOG  
 HUMALOG JUNIOR KWIKPEN  
 HUMALOG KWIKPEN  
 HUMALOG MIX 50/50  
 HUMALOG MIX 50/50 KWIKPEN  
 HUMALOG MIX 75/25  
 HUMALOG MIX 75/25 KWIKPEN  
 HUMULIN 70/30  
 HUMULIN 70/30 KWIKPEN  
 HUMULIN N  
 HUMULIN N KWIKPEN  
 HUMULIN R  
 HUMULIN R U-500  
 INSULIN ASPART  
 INSULIN ASPART FLEXPEN  
 INSULIN ASPART PENFILL  
 INSULIN ASPART PROTAMINE/INSULIN  
 ASPART  
 INSULIN LISPRO  
 INSULIN LISPRO JUNIOR KWIKPEN  
 INSULIN LISPRO PROTAMINE/INSULIN  
 LISPRO KWIKPEN  
 LANTUS  
 LANTUS SOLOSTAR  
 LEVEMIR  
 LEVEMIR FLEXTOUCH  
 LYUMJEV  
 LYUMJEV KWIKPEN  
 NOVOLIN 70/30  
 NOVOLIN 70/30 FLEXPEN  
 NOVOLIN 70/30 RELION

NOVOLIN N  
 NOVOLIN N FLEXPEN  
 NOVOLIN N RELION  
 NOVOLIN R  
 NOVOLIN R RELION  
 NOVOLOG  
 NOVOLOG FLEXPEN  
 NOVOLOG MIX 70/30  
 NOVOLOG MIX 70/30 PREFILLED  
 FLEXPEN  
 NOVOLOG PENFILL  
 SEMGLEE  
 TOUJEO MAX SOLOSTAR  
 TOUJEO SOLOSTAR  
 TRESIBA  
 TRESIBA FLEXTOUCH

### Non-Insulin

acarbose  
 ACTOPLUS MET  
 ACTOS  
 ADLYXIN  
 ALOGLIPTIN  
 ALOGLIPTIN / METFORMIN  
 ALOGLIPTIN / PIOGLITAZONE  
 AMARYL  
 AVANDIA  
 BYDUREON BCISE  
 BYDUREON PEN  
 BYETTA  
 CYCLOSET  
 DUETACT  
 FARXIGA  
 FORTAMET  
 glimepiride  
 glipizide  
 glipizide er  
 glipizide xl  
 glipizide/metformin  
 GLUCOMETERS  
 GLUCOTROL  
 GLUCOTROL XL  
 GLUMETZA  
 glyburide  
 glyburide micronized  
 glyburide/metformin  
 GLYNASE  
 GLYSET  
 GLYXAMBI  
 INVOKAMET  
 INVOKAMET XR  
 INVOKANA  
 JANUMET  
 JANUMET XR  
 JANUVIA  
 JARDIANCE  
 JENTADUETO

JENTADUETO XR  
 KAZANO  
 KOMBIGLYZE XR  
 metformin  
 metformin er  
 miglitol  
 nateglinide  
 NESINA  
 ONGLYZA  
 OSENI  
 OZEMPIC  
 pioglitazone  
 pioglitazone/metformin  
 pioglitazone/glimepiride  
 PRANDIN  
 PRECOSE  
 QTERN  
 repaglinide  
 repaglinide/metformin  
 RIOMET  
 RYBELSUS  
 SEGLUROMET  
 SOLIQUA  
 STARLIX  
 STEGLATRO  
 STEGLUJAN  
 SYMLINPEN  
 SYNJARDY  
 SYNJARDY XR  
 tolbutamide  
 TRADJENTA  
 TRIJARDY XR  
 TRULICITY  
 VICTOZA  
 XIGDUO XR  
 XULTOPHY

### Estrogens

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ACTIVELLA  
 ALORA  
 amabelz  
 ANGELIQ  
 BIJUVA  
 CLIMARA  
 CLIMARA PRO  
 COMBIPATCH  
 COVARYX  
 COVARYX HS  
 DIVIGEL  
 DOTTI  
 DUAVEE  
 EEMT  
 EEMT HS  
 ELESTRIN  
 esterified estrogens/  
 methyltestosterone ds

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<sup>SP</sup> Oral and self-injectable Specialty medications may have limitations based on your plan benefit

**Estrogens, continued**

esterified estrogens/  
methyltestosterone hs  
ESTRACE  
estradiol  
estradiol/norethindrone  
ESTROGEL  
EVAMIST  
FEMHRT LOW DOSE  
fyavolv  
jinteli  
lyllana  
lopreeza  
MENEST  
MENOSTAR  
mimvey  
mimvey lo  
MINIVELLE  
ORIAHNN  
PREFEST  
PREMARIN  
PREMPHASE  
PREMPRO  
VIVELLE-DOT

**Gastrointestinal-ulcer drugs**

ACIPHEX  
ACIPHEX SPRINKLE  
CARAFATE  
cimetidine  
CYTOTEC  
DEXILANT  
esomeprazole magnesium  
ESOMEPRAZOLE STRONTIUM  
famotidine  
FIRST-LANSOPRAZOLE  
FIRST-OMEPRAZOLE  
lansoprazole  
lansoprazole/amoxicillin/clarithromycin  
misoprostol  
NEXIUM  
nizatidine  
OMECLAMOX-PAK  
omeppi  
omeprazole  
omeprazole/sodium bicarbonate  
pantoprazole  
pantoprazole dr  
PEPCID  
PREVACID  
PRILOSEC  
PROTONIX  
PYLERA  
rabeprazole  
RABEPRAZOLE DR SPRINKLE  
sucralfate

TALICIA  
ZEGERID

**HIV/AIDS**

abacavir  
abacavir/lamivudine  
abacavir/lamivudine/zidovudine  
APTIVUS  
atazanavir  
ATRIPLA  
BIKTARVY  
CIMDUO  
COMBIVIR  
COMPLERA  
CRIXIVAN  
DELSTRIGO  
DESCOVY  
didanosine  
DOVATO  
EDURANT  
efavirenz  
efavirenz/emtricitabine/tenofovir  
disoproxil  
efavirenz/lamivudine/tenofovir  
disoproxil  
emtricitabine  
emtricitabine/tenofovir disoproxil  
EMTRIVA  
EPIVIR  
EPZICOM  
EVOTAZ  
fosamprenavir  
FUZEON  
GENVOYA  
INTELENCE  
INVIRASE  
ISENTRESS  
ISENTRESS HD  
JULUCA  
KALETRA  
lamivudine  
lamivudine/zidovudine  
LEXIVA  
lopinavir/ritonavir  
nevirapine  
nevirapine er  
NORVIR  
ODEFSEY  
PIFELTRO  
PREZCOBIX  
PREZISTA  
RESCRIPTOR  
RETROVIR  
REYATAZ  
ritonavir  
RUKOBIA

SELZENTRY

stavudine  
STRIBILD  
SUSTIVA  
SYMFI  
SYMFI LO  
SYMTUZA  
TEMIXYS  
tenofovir disoproxil  
TIVICAY  
TIVICAY PD  
TRIUMEQ  
TRIZIVIR  
TROGARZO  
TRUVADA  
TYBOST  
VIDEX PEDIATRIC  
VIDEX EC  
VIRACEPT  
VIRAMUNE  
VIRAMUNE XR  
VIREAD  
VOCABRIA  
ZIAGEN  
zidovudine

**Osteoporosis**

ACTONEL  
alendronate  
ATELVIA  
BINOSTO  
BONIVA  
calcitonin salmon  
etidronate disodium  
EVENITY<sup>SP</sup>  
EVISTA  
FORTEO<sup>SP</sup>  
FOSAMAX  
FOSAMAX + D  
ibandronate  
NATPARA<sup>SP</sup>  
PROLIA<sup>SP</sup>  
raloxifene  
risedronate  
risedronate dr  
TYMLOS<sup>SP</sup>

**Smoking deterrents**

bupropion er  
CHANTIX  
NICODERM CQ  
NICORETTE  
nicotine gum / lozenge / patch  
NICOTROL INH / NS  
ZYBAN

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<sup>SP</sup> Oral and self-injectable Specialty medications may have limitations based on your plan benefit

## Transplant

ASTAGRAF XL <sup>SP</sup>  
AZASAN  
azathioprine  
CELLCEPT <sup>SP</sup>  
cyclosporine <sup>SP</sup>  
cyclosporine modified <sup>SP</sup>  
ENVARUSUS XR <sup>SP</sup>  
everolimus <sup>SP</sup>  
engraf <sup>SP</sup>  
IMURAN  
LYPKYNIS  
mycophenolate <sup>SP</sup>  
mycophenolic acid dr <sup>SP</sup>  
MYFORTIC <sup>SP</sup>  
NEORAL <sup>SP</sup>  
PROGRAF <sup>SP</sup>  
RAPAMUNE <sup>SP</sup>

SANDIMMUNE <sup>SP</sup>  
sirolimus <sup>SP</sup>  
tacrolimus capsule <sup>SP</sup>  
ZORTRESS <sup>SP</sup>

## Vitamins & electrolytes

### Pediatric vitamins with fluoride

(for example; POLY-VI-FLOR, tri-vit / fl)  
generic products  
BRAND NAME PRODUCTS

### Prenatal multivitamins with iron and folic acid

(for example; OB COMPLETE,  
prenatabs RX)  
generic products  
BRAND NAME PRODUCTS

<sup>SP</sup> Refer to benefit plan documents to make sure listed medication is included in your benefit.

This list is should be used as a reference and may not include all medications. Brand or generic availability may not be current because of market changes. Using generics may be required based on your plan benefit.

## Quality drives our decisions

To create this list, OptumRx is guided by the Pharmacy and Therapeutics Committee. This group of doctors, nurses, and pharmacists reviews medications and coverage under pharmacy benefit plans. They also suggest which medications should be on your plan's preventive medications list.

Your health is important. Taking preventive medications as prescribed by your doctor or healthcare provider can help you avoid serious illness and high healthcare costs.



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Preventive Select