UnitedHealthcare

Expatriate International Choice Plus Plan 1967A/1973A

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-877-844-0280.or visit welcometouhc.com. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call 1-866-487-2365 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	International: \$0 <u>Network</u> : \$100 Individual / \$300 Family <u>Out-of-Network</u> : \$300 Individual / \$900 Family Per policy year.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible?</u>	Yes. <u>Preventive care</u> and categories with a <u>copay</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	International: Not Applicable <u>Network</u> : \$500 Individual / \$1,500 Family <u>Out-of-Network</u> : \$1,500 Individual / \$4,500 Family Per policy year.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, health care this plan doesn't cover and penalties for failure to obtain preauthorization for services.	Even though you pay these expenses, they don't count toward the <u>out-of-</u> pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>myuhc.com</u> or call 1-877-844-0280 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **<u>copayment</u>** and **<u>coinsurance</u>** costs shown in this chart are after your **<u>deductible</u>** has been met, if a **<u>deductible</u>** applies.

			What You Will Pay		
Common Medical Event	Services You May Need	International Provider	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
lf you visit a	Primary care visit to treat an injury or illness	No Charge	\$15 <u>copay</u> per visit, <u>deductible</u> does not apply.	30% <u>coinsurance</u>	Virtual visits - No Charge by a Designated Virtual <u>Network Provider</u> If you receive services in addition to office visit, additional <u>copay</u> s, <u>deductibles</u> or <u>coinsurance</u> may apply e.g. surgery.
health care provider's office or clinic	<u>Specialist</u> visit	No Charge	\$30 <u>copay</u> per visit, <u>deductible</u> does not apply.	30% <u>coinsurance</u>	If you receive services in addition to office visit, additional <u>copay</u> s, <u>deductibles</u> or <u>coinsurance</u> may apply e.g. surgery.
Pre car	<u>Preventive</u> <u>care/screening</u> / immunization	No Charge	No Charge	30% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
lf you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No Charge	No Charge	30% <u>coinsurance</u>	<u>Preauthorization</u> is required for U.S. out-of- <u>network</u> benefits for certain services or benefit reduces to 50% of <u>allowed amount</u> .
If you have a test	Imaging (CT/PET scans, MRIs)	No Charge	0% <u>coinsurance</u>	30% <u>coinsurance</u>	Preauthorization is required for U.S. out-of-network benefits or benefit reduces to 50% of allowed amount.

* For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>welcometouhc.com</u>.

			What You Will Pay		
Common Medical Event	Services You May Need	International Provider	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
lf very need drives	Tier 1 – Your Lowest Cost Option	Retail: No Charge Mail-Order: Not Covered	Retail: \$10 <u>copay,</u> <u>deductible</u> does not apply. Mail-Order: \$25 <u>copay,</u> <u>deductible</u> does not apply.	Retail: \$10 <u>copay,</u> <u>deductible</u> does not apply.	<u>Provider</u> means pharmacy for purposes of this section. Retail: Up to a 31 day supply. Mail-Order*: Up to a 90 day supply. *or Preferred 90 Day Retail Network Pharmacy
If you need drugs to treat your illness or condition More information about <u>prescription</u> <u>drug coverage</u> is available at	Tier 2 – Your Mid- Range Cost Option	Retail: No Charge Mail-Order: Not Covered	Retail: \$25 <u>copay,</u> <u>deductible</u> does not apply. Mail-Order: \$62.50 <u>copay,</u> <u>deductible</u> does not apply.	Retail: \$25 <u>copay,</u> <u>deductible</u> does not apply.	You may need to obtain certain drugs, including certain <u>specialty drugs</u> , from a pharmacy designated by us. Certain drugs may have a <u>preauthorization</u> requirement or may result in a higher cost. If you use an out-of- <u>network</u> pharmacy (including a mail order pharmacy), you may be responsible for any amount over the <u>allowed amount</u> . Certain preventive medications (including certain
welcometouhc.com	Tier 3 – Your Mid- Range Cost Option	Retail: No Charge Mail-Order: Not Covered	Retail: \$60 <u>copay</u> , <u>deductible</u> does not apply. Mail-Order: \$150 <u>copay</u> , <u>deductible</u> does not apply.	Retail: \$60 <u>copay,</u> <u>deductible</u> does not apply.	contraceptives) are covered at No Charge. See the website listed for information on drugs covered by your <u>plan</u> . Not all drugs are covered. You may be required to use a lower-cost drug(s) prior to benefits under your policy being available for certain prescribed drugs.
	Tier 4 – Your Highest Cost Option	Not Applicable	Not Applicable	Not Applicable	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	0% coinsurance	30% <u>coinsurance</u>	Preauthorization is required for U.S. out-of- <u>network</u> benefits for certain services or benefit reduces to 50% of <u>allowed amount</u> .
	Physician/surgeon fees	No Charge	0% coinsurance	30% <u>coinsurance</u>	None
If you need immediate medical attention	Emergency room care	No Charge	\$200 <u>copay</u> per visit, <u>deductible</u> does not apply.	\$200 <u>copay</u> per visit, <u>deductible</u> does not apply.	None

* For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>welcometouhc.com</u>.

			What You Will Pay		
Common Medical Event	Services You May Need	International Provider	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Emergency medical transportation	No Charge	0% <u>coinsurance</u>	*0% coinsurance	* <u>Network</u> deductible applies
	Urgent care	No Charge	\$50 <u>copay</u> per visit, <u>deductible</u> does not apply.	30% <u>coinsurance</u>	If you receive services in addition to <u>Urgent care</u> visit, additional <u>copays</u> , <u>deductibles</u> , or <u>coinsurance</u> may apply e.g. surgery.
lf you have a hospital stay	Facility fee (e.g., hospital room)	No Charge	0% coinsurance	30% coinsurance	Preauthorization is required for U.S. out-of-network benefits or benefit reduces to 50% of allowed amount.
	Physician/surgeon fees	No Charge	0% coinsurance	30% <u>coinsurance</u>	None
If you need mental health, behavioral health, or substance abuse	Outpatient services	No Charge	\$15 <u>copay</u> per visit, <u>deductible</u> does not apply.	30% <u>coinsurance</u>	Network Partial hospitalization/intensive outpatient treatment: 0% coinsurance <u>Preauthorization</u> is required for U.S. out-of- <u>network</u> benefits for certain services or benefit reduces to 50% of <u>allowed amount</u> . See your policy or <u>plan</u> document for additional information about EAP benefits.
services	Inpatient services	No Charge	0% <u>coinsurance</u>	30% <u>coinsurance</u>	Preauthorization is required for U.S. out-of-network benefits or benefit reduces to 50% of allowed amount. See your policy or plan document for additional information about EAP benefits.
	Office visits	No Charge	No Charge	30% <u>coinsurance</u>	<u>Cost sharing</u> does not apply for <u>preventive</u> <u>services</u> . Depending on the type of service a <u>copayment</u> ,
lf you are pregnant	Childbirth/delivery professional services	No Charge	0% <u>coinsurance</u>	30% <u>coinsurance</u>	<u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)
	Childbirth/delivery facility services	No Charge	0% coinsurance	30% <u>coinsurance</u>	Inpatient preauthorization applies out-of- <u>network</u> if stay exceeds 48 hours (C-Section: 96 hours) or benefit reduces to 50% of <u>allowed amount</u> .
If you need help recovering or have other special health needs	Home health care	No Charge	0% <u>coinsurance</u>	30% <u>coinsurance</u>	Limited to 120 visits per policy year. <u>Preauthorization</u> is required for U.S. out-of- <u>network</u> benefits or benefit reduces to 50% of <u>allowed</u> <u>amount</u> .

* For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>welcometouhc.com</u>.

			What You Will Pay		
Common Medical Event	Services You May Need	International Provider	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Rehabilitation services	No Charge	\$15 <u>copay</u> per visit, <u>deductible</u> does not apply.	30% <u>coinsurance</u>	Limits per policy year: Physical, Speech, Occupational, Pulmonary: 20 visits each; Cardiac: 36 visits. No limits apply for treatment of Autism Spectrum Disorder Services.
	Habilitative services	No Charge	\$15 <u>copay</u> per visit, <u>deductible</u> does not apply.	30% <u>coinsurance</u>	Services are provided under and limits are combined with <u>Rehabilitation Services</u> above. No limits apply for treatment of Autism Spectrum Disorder Services.
	Skilled nursing care	No Charge	0% <u>coinsurance</u>	30% <u>coinsurance</u>	Limited to 120 days per policy year (combined with inpatient rehabilitation). <u>Preauthorization</u> is required for U.S. out-of- <u>network</u> benefits or benefit reduces to 50% of <u>allowed</u> <u>amount</u> .
	<u>Durable medical</u> equipment	No Charge	0% <u>coinsurance</u>	30% <u>coinsurance</u>	Covers 1 per type of DME (including repair/replacement) every 3 years. <u>Preauthorization</u> is required for U.S. out-of- <u>network</u> benefits for DME over \$1,000 or no coverage.
	Hospice services	No Charge	0% <u>coinsurance</u>	30% <u>coinsurance</u>	Preauthorization is required for U.S. out-of-network benefits before admission for an Inpatient Stay in a hospice facility or benefit reduces to 50% of <u>allowed</u> <u>amount</u> .
If your child needs	Children's eye exam	No Charge	\$15 <u>copay</u> per visit, <u>deductible</u> does not apply.	30% <u>coinsurance</u>	Limited to 1 exam every 12 months.
dental or eye care	Children's glasses	Not Covered	Not Covered	Not Covered	No coverage for Children's glasses.
	Children's dental check- up	Not Covered	Not Covered	Not Covered	No coverage for Children's Dental check-up.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Chec	ck your policy or plan document for more information	and a list of any other <u>excluded services</u> .)
Bariatric surgery	Glasses	Routine foot care – Except as covered for
Cosmetic surgery	Long-term care	Diabetes
Dental care	Private duty nursing	Weight loss programs
Other Covered Services (Limitations may apply to th	ese services. This isn't a complete list. Please see yo	ur <u>plan</u> document.)
 Acupuncture – limited to \$2,500 per policy year Chiropractic (Manipulative care) – 20 visits per 	Hearing aids - \$5,000 per policy year	 Non-emergency care when travelling outside - the U.S.
 chilopractic (Manipulative care) – 20 visits per policy year 	Infertility treatment	 Routine eye care (adult) - 1 exam per 12 months

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa</u>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Member Service number listed on the back of your ID card or <u>myuhc.com</u> or the Employee Benefits Security Administration at 1-866-444-3272 or <u>dol.gov/ebsa/healthreform</u> or Florida Department of Financial Services at 1-877-693-5236 or <u>myfloridacfo.com</u>.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-844-0280.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-844-0280.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-877-844-0280.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-844-0280.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in- <u>network</u> pre-natal car hospital delivery)	re and a	Managing Joe's type 2 Dial (a year of routine in- <u>network</u> care o controlled condition)		Mia's Simple Fracture (in- <u>network</u> emergency room visit and follow up care)	
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copay</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$100 \$30 0% 0%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copay</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$100 \$30 0% 0%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copay</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$10(\$3(0% 0%
This EXAMPLE event includes services Specialist office visits (pre-natal care) Childbirth/Delivery Professional Services	s like:	This EXAMPLE event includes service <u>Primary care physician</u> office visits (<i>inclu</i> <i>education</i>)		This EXAMPLE event includes served Emergency room care (including med Diagnostic test (x-ray)	
Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (<i>ultrasounds and blood w</i> <u>Specialist</u> visit (anesthesia)		<u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose me	,	Durable medical equipment (crutches Rehabilitation services (physical there	apy)
Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (<i>ultrasounds and blood</i> w	vork) \$12,700	<u>Diagnostic tests</u> (blood work) Prescription drugs	ter) \$5,600	Durable medical equipment (crutches	,
Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (<i>ultrasounds and blood w</i> <u>Specialist</u> visit (<i>anesthesia</i>) Total Example Cost		<u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose medical Total Example Cost	,	Durable medical equipment (crutches Rehabilitation services (physical there Total Example Cost	apy)
Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (<i>ultrasounds and blood w</i> <u>Specialist</u> visit (anesthesia)		<u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose me	,	Durable medical equipment (crutches Rehabilitation services (physical there	apy)
Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (<i>ultrasounds and blood w</i> <u>Specialist</u> visit (<i>anesthesia</i>) Total Example Cost In this example, Peg would pay:		Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose med Total Example Cost In this example, Joe would pay:	,	Durable medical equipment (crutches Rehabilitation services (physical there Total Example Cost In this example, Mia would pay:	apy)
Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (<i>ultrasounds and blood w</i> <u>Specialist</u> visit (<i>anesthesia</i>) Total Example Cost In this example, Peg would pay: Cost Sharing	\$12,700	<u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose medical Total Example Cost In this example, Joe would pay: <u>Cost Sharing</u>	\$5,600	Durable medical equipment (crutches Rehabilitation services (physical thera Total Example Cost In this example, Mia would pay: Cost Sharing	ápy) \$2,800
Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (<i>ultrasounds and blood w</i> <u>Specialist</u> visit (<i>anesthesia</i>) Total Example Cost In this example, Peg would pay: Cost Sharing <u>Deductibles</u>	\$12,700 \$100	Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meaning) Total Example Cost In this example, Joe would pay: Cost Sharing Deductibles	\$ 5,600 \$50	Durable medical equipment (crutches Rehabilitation services (physical thera Total Example Cost In this example, Mia would pay: Cost Sharing Deductibles	ápy) \$2,800 \$100
Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (<i>ultrasounds and blood w</i> <u>Specialist</u> visit (<i>anesthesia</i>) Total Example Cost In this example, Peg would pay: <u>Cost Sharing</u> <u>Deductibles</u> <u>Copayments</u>	\$12,700 \$100 \$10	Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose medical equipment) Total Example Cost In this example, Joe would pay: Cost Sharing Deductibles Copayments	\$5,600 \$50 \$400	Durable medical equipment (crutches Rehabilitation services (physical thera Total Example Cost In this example, Mia would pay: Cost Sharing Deductibles Copayments	ápy) \$2,800 \$100 \$300
Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (<i>ultrasounds and blood w</i> <u>Specialist</u> visit (<i>anesthesia</i>) Total Example Cost In this example, Peg would pay: <u>Cost Sharing</u> <u>Deductibles</u> <u>Copayments</u> <u>Coinsurance</u>	\$12,700 \$100 \$10	Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose medical equipment) Total Example Cost In this example, Joe would pay: Cost Sharing Deductibles Copayments Coinsurance	\$5,600 \$50 \$400	Durable medical equipment (crutches Rehabilitation services (physical thera Total Example Cost In this example, Mia would pay: Cost Sharing Deductibles Copayments Coinsurance	ápy) \$2,800 \$100 \$300

We do not treat members differently because of sex, age, race, color, disability or national origin.

If you think you were treated unfairly because of your sex, age, race, color, disability or national origin, you can send a complaint to the Civil Rights Coordinator.

Online: UHC Civil Rights@uhc.com

Mail: Civil Rights Coordinator. UnitedHealthcare Civil Rights Grievance. P.O. Box 30608 Salt Lake City, UTAH 84130

You must send the complaint within 60 days of when you found out about it. A decision will be sent to you within 30 days. If you disagree with the decision, you have 15 days to ask us to look at it again.

If you need help with your complaint, please call the toll-free number listed within this Summary of Benefits and Coverage (SBC), TTY 711, Monday through Friday, 8 a.m. to 8 p.m.

You can also file a complaint with the U.S. Dept. of Health and Human Services. **Online:** <u>https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</u> Complaint forms are available at <u>http://www.hhs.gov/ocr/office/file/index.html</u>. **Phone:** Toll-free 1-800-368-1019, 800-537-7697 (TDD) **Mail:** U.S. Dept. of Health and Human Services. 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the number contained within this Summary of Benefits and Coverage (SBC), TTY 711, Monday through Friday, 8 a.m. to 8 p.m.

ATENCIÓN: Si habla **español (Spanish)**, hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al número gratuito que aparece en este Resumen de Beneficios y Cobertura (Summary of Benefits and Coverage, SBC).

請注意:如果您說中文 (Chinese),我們免費為您提供語言協助服務。請撥打本福利和承保摘要(Summary of Benefits and Coverage, SBC)內所列的免付費電話號碼。

XIN LƯU Ý: Nếu quý vị nói tiếng **Việt (Vietnamese)**, quý vị sẽ được cung cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Vui lòng gọi số điện thoại miễn phí ghi trong bản Tóm lược về quyền lợi và đài thọ bảo hiểm (Summary of Benefits and Coverage, SBC) này.

알림: 한국어(Korean)를 사용하시는 경우 언어 지원 서비스를 무료로 이용하실 수 있습니다. 본 혜택 및 보장 요약서(Summary of Benefits and Coverage, SBC)에 기재된 무료전화번호로 전화하십시오.

PAUNAWA: Kung nagsasalita ka ng **Tagalog (Tagalog)**, may makukuha kang mga libreng serbisyo ng tulong sa wika. Pakitawagan ang toll-free na numerong nakalista sa Buod na ito ng Mga Benepisyo at Saklaw (Summary of Benefits and Coverage o SBC).

ВНИМАНИЕ: бесплатные услуги перевода доступны для людей, чей родной язык является **русском (Russian)**. Позвоните по бесплатному номеру телефона, указанному в данном «Обзоре льгот и покрытия» (Summary of Benefits and Coverage, SBC).

تنبيه: إذا كنت تتحدت العربية (Arabic)، فإن خدمات المساعدة اللغوية المجانية متاحة لك. يُرجى الاتصال برقم الهاتف المجاني المدرج بداخل مخلص المزايا والتغطية (Summary of Benefits and Coverage، SBC) هذا.

ATANSYON: Si w pale **Kreyòl ayisyen (Haitian Creole)**, ou kapab benefisye sèvis ki gratis pou ede w nan lang pa w. Tanpri rele nimewo gratis ki nan Rezime avantaj ak pwoteksyon sa a (Summary of Benefits and Coverage, SBC).

ATTENTION : Si vous parlez **français (French)**, des services d'aide linguistique vous sont proposés gratuitement. Veuillez appeler le numéro sans frais figurant dans ce Sommaire des prestations et de la couverture (Summary of Benefits and Coverage, SBC).

UWAGA: Jeżeli mówisz po **polsku (Polish)**, udostępniliśmy darmowe usługi tłumacza. Prosimy zadzwonić pod bezpłatny numer podany w niniejszym Zestawieniu świadczeń i refundacji (Summary of Benefits and Coverage, SBC).

ATENÇÃO: Se você fala **português (Portuguese)**, contate o serviço de assistência de idiomas gratuito. Ligue para o número gratuito listado neste Resumo de Benefícios e Cobertura (Summary of Benefíts and Coverage - SBC).

ATTENZIONE: in caso la lingua parlata sia l'italiano (Italian), sono disponibili servizi di assistenza linguistica gratuiti. Chiamate il numero verde indicato all'interno di questo Sommario dei Benefit e della Copertura (Summary of Benefits and Coverage, SBC).

ACHTUNG: Falls Sie **Deutsch (German)** sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Bitte rufen Sie die in dieser Zusammenfassung der Leistungen und Kostenübernahmen (Summary of Benefits and Coverage, SBC) angegebene gebührenfreie Rufnummer an.

注意事項:日本語 (Japanese) を話される場合、無料の言語支援サービスをご利用いただけます。 本「保障および給付の概要」(Summary of Benefits and Coverage, SBC)に記載されているフリー ダイヤルにてお電話ください。 توجه: اگر زیان شما فارسی (Farsi) است، خدمات امداد زیانی به طور رایگان در اختیار شما می باشد. لطفاً با شمار ه تلفن رایگان ذکر شده در این خلاصه مزایا و یوشش (Summary of Benefits and Coverage، SBC) تماس بگیرید.

ध्यान दें: यदि आप **हिंदी (Hindi)** बोलते है, आपको भाषा सहायता सेबाएं, नि:शुल्क उपलब्ध हैं। लाभ और कवरेज (Summary of Benefits and Coverage, SBC) के इस सारांश के भीतर सूचीबद्ध टोल फ्री नंबर पर कॉल करें।

CEEB TOOM: Yog koj hais Lus **Hmoob (Hmong)**, muaj kev pab txhais lus pub dawb rau koj. Thov hu rau tus xov tooj hu dawb teev muaj nyob ntawm Tsab Ntawv Nthuav Qhia Cov Txiaj Ntsim Zoo thiab Kev Kam Them Nqi (Summary of Benefits and Coverage, SBC) no.

ចំណាប់អារម្មណ៍: បើសិនអ្នកនិយាយកាសាខ្មែរ (Khmer) សេវាជំនួយកាសាដោយឥតគិតថ្លៃ គឺមានសំរាប់អ្នក។ សូមទូរស័ព្ទទៅលេខឥតចេញថ្លៃ ដែលមានកត់នៅក្នុង សេចក្តីសង្ខេបអត្ថប្រយោជន៍ និងការរ៉ាបង់រង (Summary of Benefits and Coverage, SBC) នេះ។

PAKDAAR: Nu saritaem ti **Ilocano (Ilocano)**, ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Maidawat nga awagan ti awan bayad na nu tawagan nga numero nga nakalista iti uneg na daytoy nga Dagup dagiti Benipisyo ken Pannakasakup (Summary of Benefits and Coverage, SBC).

DÍÍ BAA'ÁKONÍNÍZIN: **Diné (Navajo)** bizaad bee yániłti'go, saad bee áka'anída'awo'ígií, t'áá jíík'eh, bee ná'ahóót'i'. T'áá shọọdí Naaltsoos Bee 'Aa'áhayání dóó Bee 'Ak'é'asti' Bee Baa Hane'í (Summary of Benefits and Coverage, SBC) biyi' t'áá jíík'ehgo béésh bee hane'í biká'ígií bee hodíilnih.

OGOW: Haddii aad ku hadasho **Soomaali (Somali)**, adeegyada taageerada luqadda, oo bilaash ah, ayaad heli kartaa. Fadlan wac lambarka bilaashka ah ee ku yaalla Soo-koobitaanka Dheefaha iyo Caymiska (Summary of Benefits and Coverage, SBC).