

KAISER PERMANENTE®: POS Group Plan

Kaiser Permanente Insurance Company

Coverage for: Individual / Family | Plan Type: POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage see

www.kp.org/plandocuments or call 1-808-432-5955 (TTY: 711) in Oahu or 1-800-966-5955 (TTY: 711) in Neighbor Islands . For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call 1-808-432-5955 (TTY: 711) in Oahu or 1-800-966-5955 (TTY: 711) in Neighbor Islands to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	KP: \$0 Non-KP: Individual \$100 / Individual + Family \$300	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Not Applicable.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet deductible for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	KP: \$2,000 Individual / \$6,000 Family Non-KP: \$2,000 Individual / \$6,000 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, precertification penalties, balance-billing charges, health care this plan doesn't cover, and services indicated in chart starting on page 2.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.

Important Questions	Answers	Why this Matters:
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.kp.org or call 1-808-432-5955 (TTY: 711) in Oahu or 1-800-966-5955 (TTY: 711) in Neighbor Islands for a list of network providers.	You pay the least if you use a <u>provider</u> in the Kaiser Permanente network. You pay more if you use a <u>provider</u> in the <u>participating provider</u> network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes (to be covered at the <u>plan provider</u> level), but you may self-refer to certain <u>specialists</u> .	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

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All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

	Common Medical Event	Services You May Need	What You Will Pay Plan Provider (You will pay the least)	What You Will Pay Contracted Provider (You will pay more)	What You Will Pay Non-contracted Provider (You will pay the most)	Limitations, Exceptions & Other Important Information
		Primary care visit to treat an injury or illness	\$20/visit	20% coinsurance of contracted rate	20% coinsurance of allowable charge	None
С	you visit a health are <u>provider's</u>	Specialist visit	\$20/visit	20% coinsurance of contracted rate	20% <u>coinsurance</u> of allowable charge	None
0	office or clinic	Preventive care/ screening/ immunization	No charge for immunizations; No Charge	No Charge	No Charge	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
		Diagnostic test (x-ray, blood work)	\$10/day (basic)	20% coinsurance of contracted rate	20% coinsurance of allowable charge	KP: 10% coinsurance (specialty); 20% coinsurance (specialty)
If	you have a test	Imaging (CT/PET scans, MRI's)	10% coinsurance	20% coinsurance of contracted rate	20% coinsurance of allowable charge	Non-KP: Precertification required for CON and NonCON providers. Failure to precertify may result in a penalty up to \$300 per occurrence.

Common Medical Event	Services You May Need	What You Will Pay Plan Provider (You will pay the least)	What You Will Pay Contracted Provider (You will pay more)	What You Will Pay Non-contracted Provider (You will pay the most)	Limitations, Exceptions & Other Important Information
	Generic drugs	\$10 retail prescription; \$20 mail order/prescription	20% coinsurance, but not less than \$10 retail prescription	Not Covered	KP: \$3 Maintenance Generic. Up to 30-day retail or 90-day mail order. No charge contraceptives in accordance with formulary guidelines. Certain drugs may be covered at a different cost share. Non-KP: No charge for contraceptives per PPACA up to the allowed amount. Not available through mail order.
If you need drugs to treat your illness or condition More information about prescription	Preferred brand drugs	\$45 retail prescription; \$90 mail order/prescription	20% coinsurance, but not less than \$45 retail prescription	Not Covered	KP: \$3 Maintenance Generic. Up to 30-day retail or 90-day mail order. No charge contraceptives in accordance with formulary guidelines. Certain drugs may be covered at a different cost share. Non-KP: No charge for contraceptives per PPACA up to the allowed amount. Not available through mail order.
drug coverage is available at www.kp.org/formulary	Non-preferred brand drugs	\$45 retail prescription; \$90 mail order/prescription	20% coinsurance, but not less than \$45 retail prescription	Not Covered	KP: \$3 Maintenance Generic. Up to 30-day retail or 90-day mail order. No charge contraceptives in accordance with formulary guidelines. Certain drugs may be covered at a different cost share. Non-KP: No charge for contraceptives per PPACA up to the allowed amount. Not available through mail order.
	Specialty drugs	\$200 retail prescription	20% coinsurance, but not less than \$200 retail prescription	Not Covered	KP: Up to 30-day retail. No charge contraceptives in accordance with formulary guidelines. Certain drugs may be covered at a different cost share. Non-KP: No charge for contraceptives per PPACA up to the allowed amount. Not available through mail order.
If you have	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	20% coinsurance of contracted rate	20% coinsurance of allowable charge	Non-KP: Precertification required for CON and NonCON. Failure to precertify may result in a penalty up to \$300 per occurrence.
outpatient surgery	Physician/surgeon fees	10% coinsurance	20% coinsurance of contracted rate	20% coinsurance of allowable charge	Non-KP: Precertification required for CON and NonCON. Failure to precertify may result in a penalty up to \$300 per occurrence.

Common Medical Event	Services You May Need	What You Will Pay Plan Provider (You will pay the least)	What You Will Pay Contracted Provider (You will pay more)	What You Will Pay Non-contracted Provider (You will pay the most)	Limitations, Exceptions & Other Important Information
	Emergency room care	\$100/visit	Emergencies covered under HMO benefit.	Emergencies covered under HMO benefit.	KP: Must notify KP within 48 hours if admitted to a non plan provider; Limited to initial emergency only
If you need immediate medical attention	Emergency medical transportation	20% coinsurance	Emergencies covered under HMO benefit.	Emergencies covered under HMO benefit.	Non KP: Scheduled transportation covered at 20% of allowable charges.
	Urgent care	\$20/visit; \$20 IN- AREA / 20% coinsurance (out of area)	Urgent care covered under HMO benefit.	Urgent care covered under HMO benefit.	Non KP: Covered subject to 20% coinsurance of allowable charge when not covered by KP as an HMO benefit.
If you have a	Facility fee (e.g., hospital room)	10% coinsurance	20% coinsurance of contracted rate	20% coinsurance of allowable charge	Non-KP: Precertification required for CON and NonCON. Failure to precertify may result in a penalty up to \$300 per occurrence.
hospital stay	Physician/surgeon fee	10% coinsurance	20% coinsurance of contracted rate	20% coinsurance of allowable charge	Non-KP: Precertification required for CON and NonCON. Failure to precertify may result in a penalty up to \$300 per occurrence.
If you need mental	Outpatient services	\$20/visit	20% coinsurance of contracted rate	20% coinsurance of allowable charge	None
health, behavioral health, or substance abuse services	Inpatient services	10% coinsurance	20% coinsurance of contracted rate	20% coinsurance of allowable charge	Non-KP: Precertification required for CON and NonCON providers. Failure to precertify may result in a penalty up to \$300 per occurrence.
If you are pregnant	Office visits	No Charge/confirmed pregnancy	0% coinsurance of contracted rate	0% coinsurance of allowable charge	KP and Non KP: Depending on the type of services, a copayment, coinsurance, or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)
y su une pregnant	Childbirth/delivery professional services	Delivery: 10% coinsurance	20% <u>coinsurance</u> of contracted rate	20% coinsurance of allowable charge	KP: 10% coinsurance newborn inpatient
	Childbirth/delivery facility services	Delivery: 10% coinsurance	20% coinsurance of contracted rate	20% coinsurance of allowable charge	KP: 10% coinsurance newborn inpatient

Common Medical Event	Services You May Need	What You Will Pay Plan Provider (You will pay the least)	What You Will Pay Contracted Provider (You will pay more)	What You Will Pay Non-contracted Provider (You will pay the most)	Limitations, Exceptions & Other Important Information
	Home health care	No Charge	20% coinsurance of contracted rate	20% coinsurance of allowable charge	KP: Physician visit covered at primary care visit copay Non-KP: Limited to 150 visits per calendar year combined for CON and NonCON providers. Private duty nursing not covered.
	Rehabilitation services	10% coinsurance (inpatient); \$20/visit (outpatient)	20% coinsurance of contracted rate	20% coinsurance of allowable charge	Non-KP: For CON and NonCON: Maximum of 60 outpatient visits per calendar year combined for Physical, Speech & Occupational Therapy. Precertification required. Failure to precertify may result in a penalty up to \$300 per occurrence.
	Habilitation services	Not covered	Not Covered	Not Covered	None
If you need help recovering or have other special health needs	Skilled nursing care	10% coinsurance	20% coinsurance of contracted rate	20% <u>coinsurance</u> of allowable charge	KP: Limited to 120 days/benefit period Non-KP: CON and NonCON: Precertification required. Failure to precertify may result in a penalty up to \$300 per occurrence. Limited to 120 days per calendar year.
	Durable medical equipment	50% coinsurance diabetes equipment	20% coinsurance of contracted rate	20% coinsurance of allowable charge	KP: 20% for all other equipment Non-KP: CON and NonCON providers: Please see plan terms for specific limits and terms. Precertification required. Failure to precertify may result in a penalty up to \$300 per occurrence.
	Hospice service	No Charge	20% coinsurance of contracted rate	20% coinsurance of allowable charge	KP: Includes two 90-day periods, followed by unlimited number of 60-day periods Non-KP: CON and NonCON providers: Limited to a combined maximum of 210 days while insured. Precertification required. Failure to precertify may result in a penalty up to \$300 per occurrence.

Common Medical Event	Services You May Need	What You Will Pay Plan Provider (You will pay the least)	What You Will Pay Contracted Provider (You will pay more)	What You Will Pay Non-contracted Provider (You will pay the most)	Limitations, Exceptions & Other Important Information
	Children's eye exam	\$20/visit	20% <u>coinsurance</u> of contracted rate	20% <u>coinsurance</u> of allowable charge	None
If your child needs dental or eye care	Children's glasses	Not Covered	Not Covered	Not Covered	None
	Children's dental check-up	Not Covered	Not Covered	Not Covered	None

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Children's dental check-up
- Children's glasses
- Cosmetic Šurgery
- Dental care (Adult)

- Habilitation services
- Long-Term/Custodial Nursing Home Care
- Non-Emergency Care when Travelling Outside the U.S.

- Private-Duty Nursing
- Routine Foot Care
- Weight Loss Programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (Limited to 30 combined visits/ calendar year from American Specialty Health Network)
- Bariatric Surgery

- Chiropractic Care (Limited to 30 combined visits/calendar year from American Specialty Health Network)
- Hearing Aids (Évery 3 years)

- Infertility Treatment
- Routine eye care (Adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is shown in the chart below. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the agencies in the chart below.

Contact Information for Your Rights to Continue Coverage & Your Grievance and Appeals Rights:

Kaiser Permanente Member Services	1-808-432-5955 (TTY: 711) in Oahu or 1-800-966-5955 (TTY: 711) in Neighbor Islands or www.kp.org/memberservices
Department of Labor's Employee Benefits Security Administration	1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform
Department of Health & Human Services, Center for Consumer Information & Insurance Oversight	1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>
Hawaii Department of Insurance	1-808-586-2790 or http://cca.hawaii.gov/ins/

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

SPANISH (Español): Para obtener asistencia en Español, llame al 1-808-432-5955 (TTY: 711) in Oahu or 1-800-966-5955 (TTY: 711) in Neighbor Islands
TAGALOG (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-808-432-5955 (TTY: 711) in Oahu or 1-800-966-5955 (TTY: 711) in Neighbor Islands

CHINESE (中文): 如果需要中文的帮助,请拨打这个号码 1-808-432-5955 (TTY: 711) in Oahu or 1-800-966-5955 (TTY: 711) in Neighbor Islands NAVAJO (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-808-432-5955 (TTY: 711) in Oahu or 1-800-966-5955 (TTY: 711) in Neighbor Islands

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

The Kaiser Permanente Point-of-Service Plan is jointly underwritten by Kaiser Foundation Health Plan, Inc. (KFHP) and Kaiser Permanente Insurance Company (KPIC). The HMO portion is underwritten by KFHP and the PPO and the Out-of-Network portion is underwritten by KPIC, a subsidiary of KFHP.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist copayment	\$20
Hospital (facility) coinsurance	10%
Other (blood work) copayment	\$10

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700		
In this example, Peg would pay:			
Cost Sharing			
<u>Deductibles</u>	\$0		
Copayments	\$10		
Coinsurance	\$800		
What isn't covered			
Limits or exclusions	\$0		
The total Peg would pay is	\$810		

Managing Joe's Type 2 Diabetes (a year of routine in-network care of a wellcontrolled condition)

The plan's overall deductible	\$0
Specialist copayment	\$20
Hospital (facility) coinsurance	10%
	\$10

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600		
In this example, Joe would pay:			
Cost Sharing			
<u>Deductibles</u>	\$0		
Copayments	\$900		
Coinsurance	\$300		
What isn't covered			
Limits or exclusions	\$0		
The total Joe would pay is	\$1,200		

Mia's Simple Fracture (in-network emergency room visit and follow up care)

The plan's overall deductible	\$0
Specialist copayment	\$20
Hospital (facility) coinsurance	10%
	\$10

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$200	
Coinsurance	\$200	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$400	

The plan would be responsible for the other costs of these EXAMPLE covered services.

NONDISCRIMINATION NOTICE

Kaiser Permanente Insurance Company (KPIC) complies with applicable civil rights laws and does not discriminate on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability. KPIC does not exclude people or treat them differently because of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age or disability. We also:

- Provide no cost aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats, such as large print, audio, and accessible electronic formats
- Provide no cost language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, call 1-800-966-5955 (TTY: 711)

If you believe that Kaiser Permanente Insurance Company has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by mail or phone at: KPIC Civil Rights Coordinator, Grievance 1557, 5855 Copley Drive, Suite 250, San Diego, CA 92111, telephone number 1-888-251-7052.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 1-800-537-7697 (TDD). Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

HELP IN YOUR LANGUAGE

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-966-5955 (TTY: 711).

Cebuano (Bisaya) ATENSYON: Kung nagsulti ka og Cebuano, aduna kay magamit nga mga serbisyo sa tabang sa lengguwahe, nga walay bayad. Tawag sa 1-800-966-5955 (TTY: 711).

中文 (Chinese) 注意: 如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-800-966-5955 (TTY: 711)。

Chuuk (Chukese) MEI AUCHEA: Ika iei foosun fonuomw: Foosun Chuuk, iwe en mei tongeni omw kopwe angei aninisin chiakku, ese kamo. Kori **1-800-966-5955** (TTY: **711**).

'Ōlelo Hawai'i (Hawaiian) E NĀNĀ MAI: Inā ho'opuka 'oe i ka 'ōlelo Hawai'i, hiki iā 'oe ke loa'a i ke kōkua manuahi. E kelepona i ka helu 1-800-966-5955 (TTY: 711).

Iloko (Ilocano) PAKDAAR: No agsasaoka iti Ilokano, dagiti awan bayadna a serbisio a para iti beddeng ti lengguahe ket sidadaan para kenka. Awagan ti **1-800-966-5955** (TTY: **711**).

日本語(Japanese)注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。**1-800-966-5955**(**TTY:711**)まで、お電話にてご連絡ください。

한국어 (Korean) 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-966-5955 (TTY: 711) 번으로 전화해 주십시오. ลาอ (Laotian) โปดຊາบ: ท้าอ่า ท่ามเอ้าพาสา ลาอ, ภามข้อมามะ่อยเซือด้ามพาสา, โดยขี่เสัฐด่า, แม่มมีพ้อมให้ท่าม. โทธ 1-800-966-5955 (TTY: 711).

Kajin Majōļ (Marshallese) LALE: Ñe kwōj kōnono Kajin Majōļ, kwomaroñ bōk jerbal in jipañ ilo kajin ne am ejjelok wōṇāān. Kaalok 1-800-966-5955 (TTY:

Naabeehó (Navajo) Díí baa akó nínízin: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiik'eh, éí ná hóló, koji' hódíílnih 1-800-966-5955 (TTY: 711).

Lokaiahn Pohnpei (Pohnpeian) MEHN KAIR: Ma komw kin lokiaiahn Pohnpei, wasahn sawas en palien lokaia kak sawas ni sohte isais. Koahl nempe 1-800-966-5955 (TTY: 711).

Faa-Samoa (Samoan) MO LOU SILAFIA: Afai e te tautala Gagana fa'a Sāmoa, o loo iai auaunaga fesoasoani, e fai fua e leai se totogi, mo oe, Telefoni mai: **1-800-966-5955** (TTY: **711**).

Español (Spanish) ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-966-5955 (TTY: 711).

Tagalog (Tagalog) PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-800-966-5955** (TTY: **711**).

Lea Faka-Tonga (Tongan) FAKATOKANGA'I: Kapau 'oku ke Lea Faka-Tonga, ko e kau tokoni fakatonu lea 'oku nau fai atu ha tokoni ta'etotongi, pea teke lava 'o ma'u ia. Telefoni mai 1-800-966-5955 (TTY: 711).

Tiếng Việt (Vietnamese) CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-966-5955 (TTY: 711).

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